

LOCAL ATTRACTIONS FOR ICPE 2015

ANNUAL MEETING IN BOSTON

1. Quick Jaunts: local and short-duration activities

- **Newbury Street.** A short walk is Newbury Street, a wonderful place to stroll, shop, and find great restaurants. This is a great destination if you only have an hour or two in between sessions. <http://www.newbury-st.com/>
- **Boston Public Library.** Tours are available as well as an elegant afternoon tea on Wednesday through Friday from 2-4pm, reservations recommended. <http://www.bpl.org/general/history.htm>
- **Chinatown,** the third largest in the US, behind New York and San Francisco, hosts a diverse mix of Chinese and Vietnamese restaurants and grocery stores. Several places to sample dim-sum on weekends or enjoy pho. <http://boston-chinatown.info>
- **Trinity Church,** 206 Clarendon Street, not far from the Hynes. Designed by HH Richardson, the church is a “masterpiece of American architecture.” The exterior is easy to view anytime. Guided (allow an hour) and self-guided (allow 30-60 minutes) tours of the interior are available; fees are charged for both. Check the church website for more information and dates/times for guided tours. <http://trinitychurchboston.org/art-history/tours>
- **Mapparium** at the Mary Baker Eddy Library, 200 Massachusetts Ave., near the Hynes. Go inside a huge stained glass globe and see a 1935 map of the world. Allow 20-30 minutes; admission fee. The library also has exhibits. <http://www.marybakereddylibrary.org/project/mapparium/>

2. Active pursuits & recreational activities

- **Duck Tours.** ICPE group activity (for family and friends too) planned for Saturday, August 22nd at 2pm (arrive by 1:30). Sign up during registration. Limited space available!
- **ICPE running groups.** Information to be emailed to ICPE membership. Signup sheets to be posted in the registration area.
- **Other running groups.** <http://www.marathonsports.com/pages/run-groups-boston-brookline-mashpee-wellesley> (Wednesdays at 6:30 PM an organized run for all abilities, experience, and ages, open to anyone. The Boston location is the near the site of the Marathon finish line)
- **Charles River Esplanade.** The Esplanade extends for 3 miles along the Boston shore of the Charles River from the Boston Museum of Science to the Boston University Bridge. It is a nice place to walk or run and there is a bike path. <http://www.esplanadeassociation.org/about-the-park/getting-there/>
- **Charles River Canoe and Kayak (rentals and tours).** <http://www.paddleboston.com/main.php>
- **Find peace of mind at local yoga studios.** (do a web search, as there are many to choose from)
- **Organize a spontaneous group activity meet up.** Use the #ICPEboston on Twitter
- **Revere Beach.** Can visit by MBTA’s Blue Line Subway to Revere Beach or Wonderland stop. An urban beach, first public beach in the US.
- **Crane Beach, Ipswich.** Weekends only, shuttle bus from Ipswich commuter rail station to beach (and elsewhere); about an hour from Boston to Ipswich by commuter rail, then 20 minutes by shuttle to beach. See <http://ipswichessexplorer.com/> for shuttle schedule and <http://www.thetrustees.org/places-to->

[visit/northeast-ma/crane-beach-on-the-crane.html](http://www.visit-northeast-ma.com/crane-beach-on-the-crane.html) for beach information. A day trip to Essex is also possible using the Essex branch of the shuttle.

- **Singing Beach, Manchester-by-the-Sea.** Take commuter rail to Manchester (~50 minutes), then walk about a half mile to the beach.

3. Tips for getting around Boston

- **Getting between Logan Airport and the Hotel.** Taking the Subway from Logan Airport to the hotel is a little tricky now because a crucial transfer station (Government Center) where you transfer from the Blue line from the airport to the Green line to the hotel is closed for renovations. However, there is an express bus, the Back Bay Logan Express from the airport to the Hynes Convention Center. The Sheraton Boston Hotel is located next to the convention center. Buses depart from Logan Airport every 20 minutes (first departure: 6AM; last departure: 10PM). The bus stops at every terminal. The fare is \$5 (credit or debit card, no cash) or free for valid MBTA pass holders.
- **Walking.** Boston is a very walkable city. Many of the local sites are an easy walk from the hotel.
- **Boston Subway (MBTA).** The subway is an easy way to get around Boston. The hotel is on the Green line and the two closest stops are Hynes Convention Center and Prudential. Information from the MBTA and a subway map is can be found here: http://www.mbta.com/schedules_and_maps/subway/

4. Museums

- **Museum of Fine Arts.** <http://www.mfa.org/>
- **Isabella Stewart Gardner.** <http://www.gardnermuseum.org/home>
- **Museum of Science.** <http://www.mos.org/>
- **New England Aquarium.** <http://www.neaq.org/index.php>
- **Boston Children's Museum.** <http://www.bostonchildrensmuseum.org/>
- **Harvard Museum of Natural History.** <http://hmn.harvard.edu/> (Be sure to see the Glass Flowers gallery: <http://hmn.harvard.edu/glass-flowers>)
- **John F. Kennedy Library.** <http://www.jfklibrary.org/>
- **Boston Tea Party Ships and Museum.** <http://www.bostonteapartyship.com/>
- **Museums at Massachusetts General Hospital: Paul S. Russell, MD Museum of Medical History and Innovation.** <http://www.massgeneral.org/museum/visit/default.aspx>
- **Ether Dome, site of the first successful public surgery using ether as an anesthetic.** <http://www.massgeneral.org/history/exhibits/etherdome/>

5. Sites to see and fun events

- **Boston Landmarks Orchestra's weekly free summer Esplanade concerts.** <http://www.boston-discovery-guide.com/boston-event-calendar-august.html#sthash.AaPcjVSz.dpuf>
- **Freedom Trail.** A 2.5 mile route that takes you to 16 historic sites. Follow the bricked or red painted line at your own pace. There are guided and self-guided tours and a smart phone app with information about all 16 sites (Freedom Trail® mobile app). You can pick up the trail at Boston Common near the Park Street subway station on the Green line (just 4 stops from the Hynes Convention Center station). <http://thefreedomtrail.org/>; <http://www.cityofboston.gov/freedomtrail/default.asp>

- **The USS Constitution.** A military ship currently in dry dock at Charlestown Navy Yard so this is an opportunity to see its hull! Tours available Tuesday – Friday, 2-6pm and Saturday – Sunday, 10am-6pm. For tour updates, check: <http://www.navy.mil/local/constitution/visitors.asp>
- **Boston Public Garden and Swan Boats, Make Way for Ducklings Statues**
- **Faneuil Hall Marketplace/Quincy Market.** One of the historic sites on the Freedom Trail. It is full of shops, restaurants and street performers and a bit “touristy” but fun for first time visitors to Boston. <http://www.faneuilhallmarketplace.com/info/history>
- **Rose Kennedy Public Greenway.** This beautiful linear series of parks and gardens that was, until recently, the site of a major highway in Boston is a nice place to walk, sit outdoors and view public art. <http://www.rosekennedygreenway.org/visit/public-art/>
- **Janet Echelman structure.** Suspended over the Greenway that was just installed May 3, 2015. <http://www.echelman.com/project/boston-greenway/>
- **Franklin Park Zoo.**
- **Family Film Festival.** Enjoy this free fun family activity - movies under the stars in Prudential Center's lovely South Garden - See more at: <http://www.boston-discovery-guide.com/boston-event-calendar-august.html#sthash.AaPcjVSz.dpuf>
- **Free Friday Flicks at the Hatch Shell (Esplanade).**
- **Boston Harbor Hotel's popular "Summer in the City" series.** Kick back and enjoy free music and movies overlooking the waterfront throughout the summer. Listen to music between 6pm - 10pm as musicians perform on the Blues Barge on Tuesday (Soul), Wednesday (Rat Pack), and Thursday (Blues).
- **On Fridays, enjoy music (starts at 4:30) and movies projected on a large screen over the Harbor starting at dusk.** <http://www.boston-discovery-guide.com/boston-event-calendar-august.html#sthash.AaPcjVSz.dpuf>
- **Lego Land Discovery Center.** <http://www.legolanddiscoverycenter.com/boston/>
- **Blue Man Group.** <http://www.bluman.com/boston/buy-tickets?gclid=CNS5sKzWucMCFcodgQodRmAA8w>

6. Tours

- **Duck tours.** <http://www.bostonducktours.com/tickets.aspx>
- **Boston Hop-On Hop-Off Trolley Tour.** http://www.viator.com/tours/Boston/Boston-Hop-on-Hop-off-Trolley-Tour/d678-5046BOS_OTT
- **Boston in one day Sightseeing Tour.** <http://www.viator.com/tours/Boston/Boston-in-One-Day-Sightseeing-Tour/d678-3978TOUR3>
- **Boston Segway Tour.** <http://www.viator.com/Boston-tours/Segway-Tours/d678-g12-c46?pref=02&aid=g8077&gclid=CPDVnrHGssMCFdgDgQodX5oAGg>
- **Boston Ghosts and Gravestone Tours.** http://www.ghostsandgravestones.com/boston/index.php?gclid=Clnw4c_GssMCFdNj7AodgxoAQA
- **Guided Bike Tour of Boston.** <http://www.viator.com/tours/Boston/Guided-Bike-Tour-of-Boston/d678-5151BOSCY014>
- **Boston Dinner Cruise.** <http://www.odysseycruises.com/boston/cruises/dinner-cruises?src=google&loc=boston&ad=dinne&gclid=CMaFzZDPucMCFZPm7AodMmAAZw>
- **Boston Sunset Cruise.** <http://www.bostonharborcruises.com/boston-harbor-cruises/sunset-cruise/>
- **Boston Historic Sightseeing Cruise.** <http://www.bostonharborcruises.com/boston-harbor-cruises/historic-boston-tour/>

- **Salem Witch City Day Trip Tour.** <http://www.viator.com/Boston-attractions/Salem-tours-tickets/d678-a13217?pref=02&aid=g1299&gclid=COssm8XRucMCFdgQgQod9pMAWg>
- **Plimoth Plantation Living Museum Day Trip from Boston.** <http://www.viator.com/tours/Boston/Plimoth-Plantation-Living-Museum-Day-Trip-from-Boston/d678-3978TOUR4A>
- **Small Group Historical Walking Tour of Boston's North End.** <http://www.viator.com/tours/Boston/Small-Group-Historical-Walking-Tour-of-Bostons-North-End/d678-5411NORTH>
- **Cape Cod Summer Day Trip from Boston including Sightseeing Cruise.** <http://www.viator.com/tours/Boston/Cape-Cod-Summer-Day-Trip-from-Boston-Including-Sightseeing-Cruise/d678-3978TOUR6>
- **Boston Harbor Cruise (various choices).** <http://www.bostonharborcruises.com/?gclid=CNqcxTSucMCFUMV7AodEVkA6Q>
- **Artsy Sundays at the Market; SoWa (South of Washington Street) Artists Guild.** <http://sowasundays.com/openmarket/>
- **Sam Adams Brewery Tour.** <https://www.samueladams.com/brewery-and-craft/our-brewery>
- **Whale Watching.** <http://www.bostonharborcruises.com/whale-watch/schedule-rates/>
- **American History Tour – Cambridge; Lexington & Concord Day Trip.** <http://www.viator.com/tours/Boston/American-History-Tour-Cambridge-Lexington-and-Concord-Day-Trip-from-Boston/d678-3978TOUR2/photos>
- **Boston Brewery Tours.** <http://www.viator.com/tours/Boston/Boston-Brewery-Tours/d678-6333BOSBREW?pref=02&aid=g6336&gclid=CPHz34LUucMCFexM7AodGwUAfA>

7. Day trips and possible vacation stay extenders

- **Salem.** An easy day trip from Boston by commuter rail (~30 minutes) or the Salem Ferry (~1 hour and more expensive than the train, but a scenic boat trip). A visit to the Peabody Essex Museum could fill a day for those with an interest in maritime history, art, and culture; the Museum also offers tours of historic homes (call for tour schedule, 978-745-9500) and of Yin Yu Tang, a Chinese home. The Salem Maritime National Historic Site offers additional maritime history; kids love the tall ship Friendship, which is docked at the Site. For literary history, visit Hawthorne's House of the Seven Gables. Those with an interest in the Witch Trials History of 1692 may visit the Witch Trials Memorial and nearby Old Burying Point; the Witch (Corwin) House may interest some. Salem also has plenty of kitschy witch stuff.
- **Lexington and Concord (Tours).** <http://www.viator.com/tours/Boston/Boston-in-One-Day-Sightseeing-Tour/d678-3978TOUR3>; <http://www.viator.com/tours/Boston/American-History-Tour-Cambridge-Lexington-and-Concord-Day-Trip-from-Boston/d678-3978TOUR2>
- **Lexington Battle Green.** Buckman Tavern, and Hancock Clarke house <http://www.lexingtonhistory.org/>
- **North Bridge, Minute Man National Historic Park, Battle Road:** Route of the British from Lexington to the Old North Bridge in Concord with Minuteman National Park visitor's center National Park <http://www.nps.gov/mima/index.htm>
- **A Walking Tour of Concord including Concord Center.** A charming historic New England town with shops and restaurants, Louisa May Alcott's house, Thoreau's house. Enjoy a day exploring http://www.newenglandtravelplanner.com/go/ma/boston_west/concord/sights/walking_tour.html
- **A Literary Tour of Concord.** <http://bookriot.com/2013/03/14/a-literary-tour-of-concord-massachusetts/>
- **Explore the actual Walden Pond.** http://www.newenglandtravelplanner.com/go/ma/boston_west/concord/sights/waldenpond.htm

- **Tour Cape Cod.** The Cape Cod Flyer offers weekend passenger train service from Boston's South Station to Hyannis on Cape Cod from Memorial Day through Labor Day. <http://capeflyer.com/#sthash.TbcD0dmh.dpbs>
- **Plimoth Plantation.** <http://www.plimoth.org/>
- **Sturbridge Village.** <https://www.osv.org/>
- **Ferry from the Boston Waterfront to Provincetown.** <http://www.baystatecruisecompany.com/schedule-fares.php>
- **Explore Newport, RI.** <http://www.discovernewport.org/>
- **Gloucester.** About an hour from Boston by commuter rail. Visit the Cape Ann Museum, waterfront with commercial fishing activity, Cape Pond Ice (Perfect Storm), Fishermen's and Fishermen's Wives Memorials, Maritime Gloucester Museum. Be prepared for an uphill walk back to the rail station. Can also take a water shuttle from the waterfront to Rocky Neck, which has a longstanding art colony and great views of the harbor. See <http://www.capeannmuseum.org/>, <http://www.capeannharbortours.com/shuttle.html>, and <http://www.rockyneckartcolony.org/>.
- **Rockport.** About an hour and a quarter from Boston by commuter rail. Coastal views, shops, galleries, and restaurants on Bearskin Neck.
- **Newburyport.** About an hour from Boston by commuter rail, then about a mile walk to downtown along a busy rail trail with public art. Pretty, small city with a maritime heritage.